

## Why do we need family leaders?

Family leaders partner within the community to support the health, safety and education of children, youth, and families.

They provide expertise, program input, recommendations, and real solutions for a range of issues.

## Who can become a family leader?

Anyone can become a family leader:

Parents, youth, foster parents, professionals, young adults, grandparents, etc.

Family leaders are passionate, determined, and dedicated to improving outcomes for children, youth, and families.

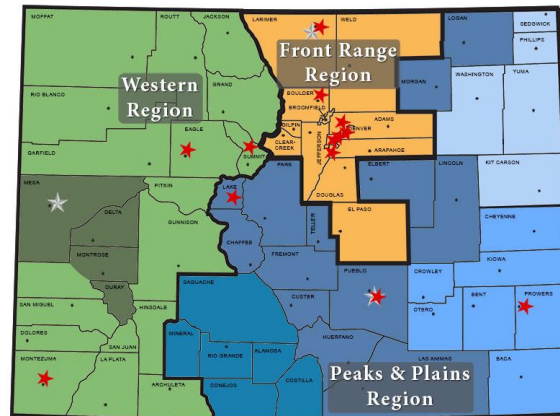
FLTI helps family leaders:

- Become familiar with resources and services in their community
- Represent diverse cultures
- Become comfortable with policy discussions
- Offer a unique perspective

Register today for a **FREE** class in your community:

[www.FLTIOfColorado.ColoState.Edu](http://www.FLTIOfColorado.ColoState.Edu)

## Find an FLTI class near you!



- ★ Regional Extension Offices
- County Extension Offices
- ★ Family Leadership Training Institute Sites



FLTI is offered in communities across Colorado. Some classes are offered in monolingual Spanish and some classes are offered to youth (in addition to adults).

## Contact

For more information, contact:  
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[TMcKinney@arapahoegov.com](mailto:TMcKinney@arapahoegov.com)

Or complete an online application at:  
[www.FLTIOfColorado.ColoState.Edu](http://www.FLTIOfColorado.ColoState.Edu)



**ARAPAHOE COUNTY**  
COLORADO'S FIRST



**Colorado State**  
University  
EXTENSION

The Institute is a partnership between Colorado State University Extension, the Colorado Department of Public Health and Environment, the Colorado Health Foundation, and the Colorado Department of Human Services Office of Early Childhood. Local partners include school districts, early childhood councils, and developmental disability groups.



A **FREE** leadership and civic engagement training for youth and adults

Helping *ordinary* families become *extraordinary* leaders

## About the Family Leadership Training Institute

The Family Leadership Training Institute (FLTI) is a FREE 20-week course designed to build family involvement and leadership skills. More than 1,000 family leaders have graduated from FLTI since it began in 2009.

FLTI helps ordinary families become extraordinary leaders in their communities. The Institute provides the education they need to address health, education, safety and other policy issues.

FLTI teaches participants about democracy and how to engage in the civic process for the benefit of their family, community, and on behalf of others.

## Curriculum Topics

- Working with groups of people from diverse backgrounds
- Public policy
- Social and economic trends affecting children and families
- How local systems work and how to interact with them
- Families as change agents

## Community Projects

By the end of the course, each participant completes a personal civic project. Past projects have included creating:

- A community garden in partnership with the local school
- A reading project that promotes friendships between senior citizens and middle school students
- Support groups for families who have kids with autism and other developmental disabilities

## Civic Engagement & Skills

Participants enrolled between 2011 and 2015 showed a 139% increase in contacting public officials from before the training to after.

In addition, their knowledge, skills and confidence in addressing community issues increased.

## Diverse Backgrounds

Varying levels of education, and income are represented among participants.

## Community Connections

Participants registered for FLTI because they wanted to learn specific skills from FLTI (33%) and get more involved in their community (32%).

Source: FLTI participant evaluations



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